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## Mislay a Decade! Take your hair on a ColourHerbe Roman Holiday!

May 20, 2015 by Alison Jane Reid - 2 Comments

## How To Look Forever Young

He also shares the best anti-ageing tip I know. "I tell all my clients that the best way to look younger for longer, is to gradually go two hair shades lighter that your natural colour, as it warms skin tones, and is incredibly youthful and flattering."

Theo works with Colourherbe, Europe's oldest natural pro hair colour system, with a heritage that stretches back to hip, seventies Rome. The city in which Audrey Hepburn once played the most darling, insouciant of princesses, in the film Roman Holiday. As she tore around Rome on a moped with the dashing Gregory Peck, there wasn't a hair out of place on that lovely head.

Theo, who looks Italian, but is from Australia, is a sought after colourist and Colourherbe tutor, with clients returning year after year for his natural colour alchemy skills. Theo prescribes a halo of pretty, spun golden highlights, just in time for the summer dresses I am going to pull out of my trunk and the exciting events and interviews I have coming up for Ethical Hedonist.



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